

## **APAC Attendance Policy**

**Attendance Policy** - Rehearsals and performances are mandatory! **If your child has four or more unexcused absences, his/her participation in APAC performances will be affected. Excessive absences are grounds for being withdrawn from a performance.** If a class will be missed, text the director, Lanie Westman at 325-721-4884 in advance. (Note: Students who are absent excessively are still bound by monthly tuition payments as detailed in the Registration Contract. Students may not choose to miss a show to avoid fulfilling tuition payment obligations.) APAC understands that family emergencies occur. If an extenuating circumstance occurs, please contact the office immediately. We are happy to work with your family provided we are notified of the situation.

## **APAC Dress Code**

Our dress code is a requirement for the safety of our students and to prevent unnecessary injuries. If a student arrives without the required clothing (especially jazz, tap, ballet, and lyrical) they may be asked to sit out for that class if the instructor deems it necessary.

All classes require hair pulled away from the face and secured tightly.

### **First Steps**

Girls: Black leotard, pink footed or convertible tights, \*pink canvas or leather ballet shoes  
Boys: Black or white t-shirt or tank, black jazz pants, \*black canvas or leather ballet shoes

### **Intro Ballet/Tap - K-2nd Grade**

Girls: Black leotard, pink footed tights, \*pink canvas or leather ballet shoes, \*black tap shoes  
Boys: Black or white tank, black jazz pants, \*black canvas or leather ballet shoes, black tap shoes

### **Ballet - 3rd-12th Grade**

Girls: Black leotard, pink footed tights, \*pink canvas or leather ballet shoes  
Boys: Black or white tank, black jazz pants, \*black canvas or leather ballet shoes

### **Jazz - All Levels**

Girls: Solid color leotard, nude tights, black jazz pants or fitted "hot" shorts, \*black jazz shoes  
Boys: Solid color t-shirt or tank, black jazz pants, \*black jazz shoes

### **Lyrical - All Levels**

Girls: Solid color leotard, nude convertible tights with fitted "hot" shorts, \*optional: nude lyrical half-soles  
Boys: Solid color t-shirt or tank, black jazz pants, \*optional: nude lyrical half-soles

### **Tap - 3rd-12th Grade**

Girls: Solid color leotard, nude tights, black jazz pants or fitted "hot" shorts, \*black tap shoes  
Boys: Solid color t-shirt or tank, black jazz pants, \*black tap shoes

### **Hip Hop - All Levels**

Girls: Leotard w/T-shirt, cargo/sweat pants, \*clean street shoes...i.e. tennis shoes, converse, high tops, etc.  
Boys: T-shirt or tank, cargo/sweat pants, \*clean street shoes...i.e. tennis shoes, converse, high tops, etc.

### **Irish Dance**

Girls: Leotard, leggings or tights with shorts. Athletic socks or poodle socks (recommended). Shoes: Ghillies. Poodle socks/Ghillies shoes available at Rutherfordshoes.com. (Used can possibly be found on Amazon)  
Boys: Athletic pants & shirt. Athletic socks. Shoes: Rutherford split sole jazz shoe @ Rutherfordshoes.com. (Used can possibly be found on Amazon)

### **Musical Theatre - All Levels - THIS DRESS CODE IS WORN IN OCTOBER MUSICAL THEATRE SHOWCASE**

Girls: Black leotard, nude tights, black jazz pants, black jazz shoes, APAC t-shirt (will receive in October)  
Boys: Black or white t-shirt or tank, black jazz pants, black jazz shoes, APAC t-shirt (will receive in October)

### **Theatre, Kindermusik and Ring Around with Rosie**

Clothing needs to be easy to move in, Kindermusik/Ring Around - participants (parents and child) will be asked to go barefoot in class - socks may be worn during the colder months, please invest in socks with rubber slipper grippers to prevent children from slipping on the mat floor - barefoot really is best

***\*Although we usually use these required shoes for our performance numbers, occasionally we will require a different pair of shoes for performances to match the stylizing of the costume. Please keep in mind as we approach show time that an extra set of shoes may be required. You will be notified several weeks in advance of the performance allowing for plenty of time to obtain these shoes.***

## **Where do I buy the required clothing?**

**MOST RECOMMENDED:** Xpressions Dancewear with Karen Barry. Call 325-268-7175 to set an appointment. Xpressions Dancewear is located in the downstairs area of APAC.

**IN TOWN:** Xpressions Dancewear with Karen Barry. Call 325-268-7175 to set an appointment. She is located in the downstairs area of APAC. Also in town you might find Black jazz/workout/cargo/sweat pants and dancewear for younger students at Academy, Wal-mart, Target, etc. Some Payless Shoe stores and JC Penny.

**ONLINE** at: [discountdance.com](http://discountdance.com), [dancewearsolutions.com](http://dancewearsolutions.com), [amazon.com](http://amazon.com), [rutherfordshoes.com](http://rutherfordshoes.com) or [www.justforkix.com](http://www.justforkix.com)

**OUT OF TOWN OR BY PHONE** at: The Dance Shop in Ft. Worth at 1-800-22Dance.

\*Note to first time participants: Dance shoes fit differently than street shoes, so ordering them can be a little tricky. Please make sure you go in person or call your order in to ensure the correct shoe and clothing sizes. Order online at your own risk. © Most online companies (Discount Dance, etc.) will also take orders by phone and have associates that can help you decide on the right size for your child.

# HELP! I'm a first timer and I don't know exactly what I'm looking for!

Below are pictured examples, descriptions, and details on how to wear the items required for various APAC classes. If you have questions, please contact the office.



**BLACK/SOLID COLOR LEOTARD**  
You may purchase leotards with or without sleeves, though we find the sleeveless kind to generally be more comfortable. Your leotard should fit much like a swimming suit. It should be worn over tights, and worn under jazz pants.



**BLACK JAZZ/WORKOUT PANTS**  
Your jazz pants should be long enough to cover the top of your shoe, but should not drag on the floor. They should fit securely and should be made of a moveable material such as cotton or spandex. Girls/Women, they will be worn over your leotard.



**FULL FOOTED TIGHTS**  
Full footed tights are simply tights with a complete foot. They should fit just like panty hose. They will be worn underneath the leotard. (For modesty, underwear should not be worn during performances so that it is not seen through the tights. This is also recommended for weekly classes, though not required.)



**CONVERTIBLE TIGHTS**  
Convertible tights are tights with a hole in the bottom of the foot so that they may be worn as traditional tights - with the foot down, or as footless tights - with the foot rolled up. They will be worn underneath the leotard. (For modesty, underwear should not be worn during performances so that it is not seen through the tights. Recommended for weekly classes, but not required.)



**PINK/ BLACK BALLET SHOES**  
Ballet shoes can be canvas or leather. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room (especially in the toe area) can cause a child to trip and injure themselves. We recommend the Capezio brand of ballet shoes. Girls wear pink color, boys wear black.



**BLACK TAP SHOES**  
Tap toes may be purchased in either the "Mary Jane" style or the lace up style. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room can cause a child to trip and injure themselves. We recommend the Capezio brand of tap shoes.



**NUDE LYRICAL "HALF-SOLES"**  
These shoes are designed to protect the balls of the feet when dancing barefoot. They should fit snugly. Shoes can be canvas or leather. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room can cause a child to trip and injure themselves. Nude color only. We recommend Capezio or Bloch brand.



**BLACK JAZZ SHOE**  
When purchasing these jazz shoes, pick the kind in the elastic "laceless" style rather than those with shoestrings. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room (especially in the toe area) can cause a child to trip and injure themselves. We recommend the Bloch brand of jazz shoes.



**CHARACTER SHOES**  
Character shoes should have a heel no higher than 2 inches. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like dress shoes. Any extra room can cause a child to trip and injure themselves. We recommend the Leo's or Capezio brand of character shoes.



**BLACK CARGO/SWEAT PANTS**  
Your cargo pants should be long enough to meet the top of your shoes, but should not drag on the floor. Cargo capris are fine as long as they cover the knee when squatting down. They should fit securely and should be made of a moveable material such as cotton or microfiber...a wind pant type of material, no jean material please. The pants will be worn over your leotard.



**BLACK "HOT" SHORT**  
"Hot" shorts should fit securely and should be made of a moveable material such as cotton or spandex. They will be worn over your leotard and tights. APAC requires that you wear tights under your hot shorts.

**GUYS  
IRISH DANCE SHOES  
SPLIT SOLE JAZZ  
WITH  
SOUNDBLASTER  
HEELS**



The shoes pictured are from [Rutherfordshoes.com](http://Rutherfordshoes.com)

**GIRLS  
IRISH  
DANCE  
SHOES  
GHILLIES**



**GIRLS  
POODLE  
SOCKS**



The shoes & socks pictured are from [Rutherfordshoes.com](http://Rutherfordshoes.com)