

## **APAC Attendance Policy**

**Attendance Policy** - Rehearsals and performances are mandatory! **If your child has four or more unexcused absences, his/her participation in APAC performances will be affected. Excessive absences are grounds for being withdrawn from a performance.** If a class will be missed, text the director, Lanie Westman at 325-721-4884 in advance. (Note: Students who are absent excessively are still bound by monthly tuition payments as detailed in the Registration Contract. Students may not choose to miss a show to avoid fulfilling tuition payment obligations.) APAC understands that family emergencies occur. If an extenuating circumstance occurs, please contact Lanie Westman immediately. We are happy to work with your family provided the director is notified of the situation.

## **APAC Dress Code**

Our dress code is a requirement for the safety of our students and to prevent unnecessary injuries. If a student arrives without the required clothing (especially jazz, tap, ballet, and lyrical) they may be asked to sit out for that class if the instructor deems it necessary. All classes require hair pulled away from the face and secured tightly.

### **Preschool Dance**

Girls: Black leotard, pink footed or convertible tights, \*pink canvas or leather ballet shoes  
Boys: Black or white t-shirt or tank, black jazz pants, \*black canvas or leather ballet shoes

### **K-2nd Ballet/Tap Combo Class**

Girls: Black leotard, pink footed tights, \*pink canvas or leather ballet shoes, \*black tap shoes  
Boys: Black or white tank, black jazz pants, \*black canvas or leather ballet shoes, black tap shoes

### **K-12th Ballet**

Girls: Black leotard, pink footed tights, \*pink canvas or leather ballet shoes  
Boys: Black or white tank, black jazz pants, \*black canvas or leather ballet shoes

### **K-12th Tap**

Girls: Solid color leotard, nude tights, black jazz pants or fitted "hot" shorts, \*black tap shoes  
Boys: Solid color t-shirt or tank, black jazz pants, \*black tap shoes

### **K-12th Jazz**

Girls: Solid color leotard, nude tights, black jazz pants or fitted "hot" shorts, \*black jazz shoes  
Boys: Solid color t-shirt or tank, black jazz pants, \*black jazz shoes

### **K-12th Lyrical**

Girls: Solid color leotard, nude convertible tights with fitted "hot" shorts, \*optional: nude lyrical half-soles  
Boys: Solid color t-shirt or tank, black jazz pants, \*optional: nude lyrical half-soles

### **K-12th Hip Hop**

Girls: Leotard w/T-shirt, cargo/sweat pants, \*clean street shoes...i.e. tennis shoes, converse, high tops, etc.  
Boys: T-shirt or tank, cargo/sweat pants, \*clean street shoes...i.e. tennis shoes, converse, high tops, etc.

### **Drill Team + Poms & K-2nd POM**

Leotard, leggings or tights with shorts (knee pads required with shorts) and jazz shoes, poms provided

### **Bollywood**

Leggings, t-shirt, sock or bare footed

### **Tahitian**

Leggings, t-shirt, (workout attire) bare footed, sarongs provided

### **Musical Theatre**

Girls: Black leotard, nude tights, black jazz pants, black jazz shoes  
Boys: Black or white t-shirt or tank, black jazz pants, black jazz shoes

### **Theatre/Improv**

Clothing easy to move in and closed toe shoes

***\*Although we usually use these required shoes for our performance numbers, occasionally we will require a different pair of shoes for performances to match the stylizing of the costume. Please keep in mind as we approach show time that an extra set of shoes may be required. You will be notified several weeks in advance of the performance allowing for plenty of time to obtain these shoes.***

## **Where do I buy the required clothing?**

**IN TOWN:** Academy, Wal-Mart, & Target might have black jazz/workout/cargo/sweat pants and dancewear for younger students.

**ONLINE** at: [discountdance.com](http://discountdance.com), [dancewearolutions.com](http://dancewearolutions.com), [amazon.com](http://amazon.com), [rutherfordshoes.com](http://rutherfordshoes.com) or [www.justforkix.com](http://www.justforkix.com)

**OUT OF TOWN OR BY PHONE** at: The Dance Shop in Ft. Worth at 1-800-22Dance.

\*Note to first time participants: Dance shoes fit differently than street shoes, so ordering them can be a little tricky. Please make sure you go in person or call your order in to ensure the correct shoe and clothing sizes. Order online at your own risk. © Most online companies (Discount Dance, etc.) will also take orders by phone and have associates that can help you decide on the right size for your child.

# HELP! I'm a first timer and I don't know exactly what I'm looking for!

Below are pictured examples, descriptions, and details on how to wear the items required for various APAC classes. If you have questions, please contact the office.



## BLACK/SOLID COLOR LEOTARD

You may purchase leotards with or without sleeves, though we find the sleeveless kind to generally be more comfortable. Your leotard should fit much like a swimming suit. It should be worn over tights, and worn under jazz pants.



## BLACK JAZZ/WORKOUT PANTS

Your jazz pants should be long enough to cover the top of your shoe, but should not drag on the floor. They should fit securely and should be made of a moveable material such as cotton or spandex. Girls/Women, they will be worn over your leotard.



## FULL FOOTED TIGHTS

Full footed tights are simply tights with a complete foot. They should fit just like panty hose. They will be worn underneath the leotard. (For modesty, underwear should not be worn during performances so that it is not seen through the tights. This is also recommended for weekly classes, though not required.)



## CONVERTIBLE TIGHTS

Convertible tights are tights with a hole in the bottom of the foot so that they may be worn as traditional tights - with the foot down, or as footless tights - with the foot rolled up. They will be worn underneath the leotard. (For modesty, underwear should not be worn during performances so that it is not seen through the tights. Recommended for weekly classes, but not required.)



## PINK/ BLACK BALLET SHOES

Ballet shoes can be canvas or leather. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room (especially in the toe area) can cause a child to trip and injure themselves. We recommend the Capezio brand of ballet shoes. Girls wear pink color, boys wear black.



## BLACK TAP SHOES

Tap toes may be purchased in either the "Mary Jane" style or the lace up style. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room can cause a child to trip and injure themselves. We recommend the Capezio brand of tap shoes.



## NUDE LYRICAL "HALF-SOLES"

These shoes are designed to protect the balls of the feet when dancing barefoot. They should fit snugly. Shoes can be canvas or leather. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room can cause a child to trip and injure themselves. Nude color only. We recommend Capezio or Bloch brand.



## BLACK JAZZ SHOE

When purchasing these jazz shoes, pick the kind in the elastic "laceless" style rather than those with shoestrings. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like a glove. Any extra room (especially in the toe area) can cause a child to trip and injure themselves. We recommend the Bloch brand of jazz shoes.



## CHARACTER SHOES

Character shoes should have a heel no higher than 2 inches. When purchasing them, please fit them to the child's current foot size, not what they will grow into. Shoes should fit like dress shoes. Any extra room can cause a child to trip and injure themselves. We recommend the Leo's or Capezio brand of character shoes.



## BLACK CARGO/SWEAT PANTS

Your cargo pants should be long enough to meet the top of your shoes, but should not drag on the floor. Cargo capris are fine as long as they cover the knee when squatting down. They should fit securely and should be made of a moveable material such as cotton or microfiber...a wind pant type of material, no jean material please. The pants will be worn over your leotard.



## BLACK "HOT" SHORT

"Hot" shorts should fit securely and should be made of a moveable material such as cotton or spandex. They will be worn over your leotard and tights. APAC requires that you wear tights under your hot shorts.